

Hand Strengthening Devices - Product Comparison

Product	Strengthens finger flexor muscles	Strengthens finger extensor muscles	Strengthens thumb flexor muscles	Strengthens thumb extensor muscles	Strengthens finger abductor (spreading) muscles	Strengthens thumb abductor (spreading) muscles	Cost-effective/ Under \$20.00?	Allows full natural, 3-dimensional motion	Single exercise to address multiple functions
Handmaster Plus by doczac	✓	✓	✓	✓	✓	✓	✓	✓	✓
Gripmaster/ Digiflex	✓	✗	✓	✗	✗	✗	✓	✗	✗
Powerweb	✓	✓	✓	✓	✓	✓	✗	✗	✗
Eggerciser	✓	✗	✓	✗	✗	✗	✓	✗	✗
Theraband Hand Exerciser	✓	✗	✓	✗	✗	✗	✓	✗	✗
Dynafllex-Gyro Exerciser	✓	✗	✓	✗	✗	✗	✗	✗	✗
The Gripper	✓	✗	✓	✗	✗	✗	✓	✗	✗
Coiled Hand Grip	✓	✗	✓	✗	✗	✗	✓	✗	✗
Cat's Claw	✗	✓	✗	✓	✓	✓	✓	✗	✗